

Rajanaka® Camp West: July 19-22, 2012

Ananda Tandava Retreat Center, Howard, CO

4-day event with **Dr. Douglas Brooks** and Anusara® Yoga with **Jai me Allison**

Three of a Perfect Pair: Grace and Potency in an Auspicious Heart The Encircling Goddesses Kamaksi, Minaksi, and Akhilandesvari

The traditions of the great goddess in south India converge upon Tantric yoga in the most empowering of all contemplations: the *sricakra*, the auspicious presence of Devi in Her most sublime self-emanation. Boundaries displaced by openings, enshrouding lotuses, and triangles laced in divine asymmetry, no image has ever received or warranted more attention. Kamaksi of Kancipuram sits in Her sanctum with the image of the *sricakra* at Her feet. For Akhilandesvari, Her adornments include *sricakra* for earrings. Tradition tells us too that *sricakra* may sit concealed beneath Minaksi in Her Madurai shrine. These three goddesses hold keys to the most sanctioned and secreted teachings of Auspicious Wisdom, in their images, mantras, and mudras are at once disclosed and hidden the elemental sources of Consciousness inviting awakening. While popular tradition worships the Greatness of Sri as She appears as maiden, mother, and queen of the universe, Auspicious Wisdom invites deeper levels of identity and discourse, a conversation *with* the goddess as She becomes the fractal of one's own sublime fullness. In our practice and study together we will advance our meditation, learn mudra and mantra, step into the invitation of greatness surpassing success, be welcomed into the tradition of the Shakti who subsumes even Shiva to make three of a perfect pair. No previous experience is expected or required. Bring an open mind, a welcoming heart, and a desire to dream what more there is than waking consciousness, the inner light and shadow of your own possibilities.

Dr. Douglas Brooks is among the world's leading scholars of Hindu Tantrism and the esoteric traditions of the Goddess. He received his Masters and PhD degrees from Harvard University's Center for the Study for World Religions where he studied with several of the world's leading academics of Sanskrit and Indian studies. Dr. Brooks is author of several scholarly books on Hinduism and Tantra. He is currently Professor of Religion at the University of Rochester in Rochester, New York.

The teachings revealed through our time with Douglas will inspire our asana practice. **Jai me Allison**, certified Anusara Yoga® Instructor, will instruct the asana portion of this workshop. Jai me has been studying closely with John Friend, founder of Anusara Yoga®, since 1994 and Dr. Douglas Brooks, world-renowned scholar of Rajanaka Tantra®, since 1998. Knowledge made tangible in the body takes us to a deeper, experiential understanding and offers us the opportunity to cultivate the skills to savor the blessings of this embodied life.

Schedule:

Thursday – lecture 3-6pm

Friday - 8-9 am Dharana, 9-10 am breakfast, 10 am-1 pm asana, 1-2 pm lunch, 2:30-5:30 pm lecture

Saturday - 8-9 am Dharana, 9-10 am breakfast, 10 am-1 pm asana, 1-2 pm lunch, 2:30-5:30 pm lecture

Sunday - 8-9 am Dharana, 9-10 am breakfast, 10 am-1 pm lecture, 1-2 pm lunch

To preserve the intimate quality and high standards of experience this retreat is limited to 40 students.

Cost options:

\$525 four-day retreat with asana if paid by June 30 (Limited to 30 students)

\$575 four-day retreat with asana if paid after June 30 (Limited to 30 students)

\$425 four-day retreat, no asana if paid by June 30

\$475 four-day retreat, no asana if paid after June 30

\$100 non-refundable deposit to save your space. Balance due by June 30 to receive the early bird discount

Location: Ananda Tandava Retreat Center, 1645 County Cork Place, Howard, CO 81233 (13 miles east of Salida)

Registration Form:

Name _____ amount enclosed _____ ck# _____

E-mail address _____ phone _____

Credit card _____ expiration date _____ security code _____

Credit card billing address _____

Referred by _____

Please send your registration form, payment information or check payable to JamieAllisonYoga to
Jai me Allison 1645 CR 47, Howard, CO 81233

Indicate your choice of the following options:

\$525 four-day retreat with asana if paid by June 30

\$575 four-day retreat with asana if paid after June 30

\$425 four-day retreat, no asana if paid by June 30

\$475 four-day retreat, no asana if paid after June 30

\$100 non-refundable deposit to save your space. Balance due by June 30 to receive the early bird discount.

Please note the retreat with asana is limited to 30. Total registration is limited to 40 students.
For information on housing options please visit www.jamieallisonyoga.com, Ananda Tandava page

Any cancellations forfeit a processing fee of \$75. Any cancellations made less than 24 hours prior to the start of the workshop forfeit the full registration payment.